

**Empowering rural communities to digitize,
share and exploit Sense of Place across Europe
through inter-generational exchange |
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**Module 3: Activity 2
Sensory Mapping Worksheet**

**ERASMUS+ KA2 Adult
Cooperation Partnerships in Adult
Project Number 2024-1-IS01-KA220-ADU-000251000**

Module 3-Activity2- Sensory Mapping Worksheet

Module 3: Activity 2 Sensory Mapping Worksheet

Training Case

Selected Place: _____

Interactive Mapping – The Three Invisible Layers

Choose a place you know intimately. This could be your hometown, neighbourhood, village, landscape, or another place that has personal or cultural significance.

Reflect on your chosen place and identify the three invisible layers that make it unique.

1. The Dialect / Sound

Identify a word, expression, accent, rhythm, song, or sound that you only associate with this place.

Your answer:

2. The Event

Identify a recurring ritual, celebration, tradition, market, sporting event, festival, or community gathering that is closely connected to this place.

Your answer:

3. The Local Secret

Identify a traditional skill, craft, recipe, food preparation, or piece of local knowledge that feels authentic only in this place.

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Your answer:

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Interactive Mapping – Placing the Invisible on the Map

Goal

Create a Sensory Map of your selected place.

Instructions

- Draw the physical boundaries of your selected place in the space below.
- Mark the Energy Centres – the locations where the Intangible Cultural Heritage is strongest.
- Use symbols, colours, keywords, or short notes to represent the traditions, stories, sounds, practices, and community memories connected to these places.

Sensory Map

Use the space below to draw your Sensory Map.

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Reflection

After completing your Sensory Map, reflect on the following:

- Which places have the strongest connection to your community's Intangible Cultural Heritage?
- What makes these places meaningful?
- Do the Energy Centres coincide with the main tourist attractions, or are they located elsewhere?
- What surprised you while creating your Sensory Map?

Your reflections: